

**RECOGYN 2024
SCIENTIFIC PROGRAM**

DAY 1		
INAUGURATION & INAUGURATION ADDRESS		
Time	Topic	Speaker
09:00 - 10:00	Initiation of the Congress proceedings	Dr. Rashmi Chahar Khandelwal & Team
	Presidential Welcome: Vision behind the Congress	The Congress President
10:00 – 10:30	Inaugural Lecture: TBA	TBA
10:30 – 10:45	COFFEE BREAK	
SESSION		
MY FIRST COSGYN PATIENTS - LEARNINGS FROM COSMETIC GYNAECOLOGISTS IN THE FIELD		
Time	Topic	Speaker
10:45 - 10:55	My First Ten Patients in North India	Dr Aastha Agarwal, New Delhi, INDIA
10:55 - 11:05	My First Ten Patients in South India	Dr Sasirekha Kumaran, Tamil Nadu, INDIA
11:06 - 11:15	My First Ten Patients in North East India	Dr Parhad Bordo, Assam, INDIA
11:16 - 11:25	My First Ten Patients in East India	Dr Shikha Priya, Bihar, INDIA
11:26 - 11:35	My First Ten Patients in West Coast of India	Dr Preety Korah, Kerala, INDIA
11:36 - 11:45	My First Ten Patients in West India	Dr Prachi Amrale, Pune, INDIA
11:45 - 11:55	My First Ten Patients in Kenya	Dr Sarita Sukhija, Nairobi, KENYA
11:55 - 12:05	DISCUSSION Moderators: Professor (Dr) Navneet Magon, INDIA & Professor (Dr) Neeraj Kohli, U.S.A.	
SESSION		
EXPERT LECTURES		
Time	Topic	Speaker
12:05-12:20	Diagnosis & Management of Pelvic Pain & Vaginismus : New Concepts	Professor (Dr) Neeraj Kohli, U.S.A.
12:20-12:35	Lichen Sclerosis: Newer Treatment Options	Dr Troy Hailparn, U.S.A.
12:35-12:50	Vulvo-Vaginal Rejuvenation with Fillers: Fake or Reality?	Professor (Dr) Xanya Sofra, U.S.A.
12:50-13:05	How to manage complications in Cosmetic Gynaecology?	Professor (Dr) Douha Sabouni, U.S.A.
13:05-13:15	DISCUSSION	
SESSION		
PRESIDENTIAL ORATION		
Time	Topic	Orator
13:15 – 14:00	From Vaginal Rejuvenation to Cervical Rejuvenation: Integrating Cosmetic Gynaecology with Mainstream Gynecology	Professor (Dr) Navneet Magon, India
14:00 – 15:00	LUNCH	
IMCAS SESSION		
Time	Topic	Speaker
15:00 - 15:13	The Aesthetic and Functional Improvement for Women after Intimate Surgery	Dr Bergeret Galley, Paris, FRANCE
15:14 - 15:26	Cervical Ectopy, Erosions & Metaplasia: Non-Ablative Management with latest EBD – A new Revolution in Gynecological Treatments	Dr Shail Prasad, India
15:27 - 15:39	Ablative Lasers: Rejuvenating or Scarring Vaginas – The Truth Unveiled	Professor (Dr) Xanya Sofra, U.S.A.
15:40 - 15:52	Structured Training & Education in Cosmetic Gynaecology: The pressing need	Dr Rashmi Chahar Khandelwal, India
15:53 - 16:00	DISCUSSION Moderators: Professor (Dr) Navneet Magon, India & Dr Troy Hailparn, U.S.A.	
16:00 – 16:20	COFFEE BREAK	
KEYNOTE SESSION		
Time	Topic	Speaker
16:20 - 16:40	Liposuction: Where, When, How & When not?	Dr Allwin Gnanajebamani, U.K.
16:30 - 17:00	The Complicated Labiaplasty Surgeries	Dr Troy Hailparn, U.S.A.
17:00 - 17:30	The American Natural Edge Labiaplasty	Dr Mark Scheinberg, U.S.A.
19:00 p.m. onwards	GALA NITE ICCG CONVOCATION CEREMONY & SOCIAL EVENING WITH FASHION SHOW, BELLE DANCES, INDIAN CULTURAL DANCES, DJ – DANCE WITH DINE & WINE	
DAY 2		
SESSIONS		
Time	Topic	Speaker
08:30 - 08:40	Vulval Dermatitis to Cosmesis	Dr Vidhya Pancholia, India
08:40 - 08:50	Genito Urinary Syndrome of Menopause	Dr Fehmida Shaikh, Mumbai
08:50 - 09:00	Role of Counselling in FSD	Dr Sashi Joshi, India
09:00 - 09:10	Role of Magnetotherapy in Incontinence & FSD	Dr Mani Akkineni, India
09:10 - 09:20	Shots & Sex	Dr Nidhi Jha, India
09:20 - 09:30	Social Media & Cosmetic Gynaecology	Dr Aditi Tandon, India.
SESSION		
PRACTICE ISSUES		
Time	Topic	Speaker
09:30 - 09:42	Facial Aesthetics: What a Gynecologist should know?	Dr Sapna Vadhera, India.
09:42 - 09:54	How to build up a Cosmetic Practice?	Jordan Jacobs, U.S.A.
09:54 - 10:06	Role of Cosmetic Gynaecology in Menopause	Professor (Dr) Douha Sabouni, U.S.A.
10:06 - 10:18	IVF to Cosmetic Gynaecology: Shifting Career Preferences among New Gen Gynecologists	Dr Nitasha Gupta, India
10:18 - 10:30	Navigating Shift from Delivery to Desire: An Evolutionary Perspective in Women's Health	Dr Shilpa Asthana, India
10:30 - 10:42	Hymenoplasty: Bane or Boon?	Dr Kanika Singh, India
10:42 - 10:54	Surgical Vaginal Rejuvenation: The Gold Standard	Dr Indu Singh, India
10:54 - 11:00	DISCUSSION	
11:00 - 11:15	COFFEE BREAK	
SESSION		
EXPERT TALKS		
Time	Topic	Speaker
11:15 - 11:30	Combined Soft Perineo-Vaginoplasty: How to achieve best results?	Professor (Dr) Yuriy Titovets, U.K.
11:30 - 11:45	Scarless Gyn Surgery V-Notes: When & Why?	Professor (Dr) Douha Sabouni, U.S.A.
11:45 - 12:00	TBA	Dr Nicolas Berreni, France
SESSION		
INVITED GUEST KEYNOTE LECTURES		
Time	Topic	Speaker
12:00 - 12:20	Magnetotherapy in Gynaecology: Origin, Evolution Current Use & Evidence	Professor (Er) Jure Jelenc, Slovenia
12:20 - 12:40	Facial & Vulval Skin: How much same & how much different?	Professor (Dr) Roxanna Sadoughifar, Italy
12:40 - 13:00	Are we BRAINWASHED by MARKETING?	Professor (Dr) Xanya Sofra, U.S.A.
SESSION		
THE POWERFUL PANEL DISCUSSION		
PANEL DISCUSSION NO. 1		
STANDARDISING PRACTICE OF COSMETIC GYNAECOLOGY & ITS INTEGRATION INTO OB-GYN RESIDENCY PROGRAMS		
Time	Moderator	Panelists
13:00 - 13:45	Professor Lila Vyas, Professor JB Sharma	TBA
SESSION		
THE RECOGYN LECTURE		
Time	Topic	Speaker
13:45 - 14:15	NEOVAGINA – Creating the Way Mother Nature Does	Maj Gen Krishan Kapur
14:15 - 15:00	LUNCH	
RECOGYN QUIZ		
QUIZMASTERS: PROFESSOR SEBANTI GOSWAMI & TEAM		
SESSION		
EXPERT TALKS		
Time	Topic	Speaker
16:00 - 16:12	Dyspareunia, Vaginismus & Beyond: The Finnish Way	Dr Coriana Rosemarie, Finland
16:12 - 16:24	Chronic Pelvic Pain: The French Kiss	Ingrid Delvas Bertrand, France
16:24 - 16:36	Spring urethral fixation for SUI Management	Professor (Dr) Yuriy Titovets, U.K.
16:36 - 16:48	CO2 Lift Vaginal Rejuvenation	Jordan Jacobs, U.S.A.
16:48 - 17:00	Menopausal Hair Loss	Professor (Dr) Roxanna Sadoughifar, Italy
SESSION		
THE PRACTICAL PANEL DISCUSSION		
PANEL DISCUSSION NO. 2		
CHALLENGES IN ESTABLISHING & RUNNING A COSGYN PRACTICE & ITS SOLUTIONS		
Time	Moderator	Panelists
17:00 - 17:30	Professor Sebanti Goswami, Dr Rashmi Chahar Khandelwal	Dr Sarita Sukhija, Dr Varsha Tiwari, Dr Durga Rani, Dr Ravinder Kaur, Dr Fehmida Shaikh, Dr Pawanpreet Kaur, Dr Krishnaveni, Dr Manisha Maini, Dr Ujjwala Verma, Dr Kavita Shah, Dr Chandani Kotla
17:30 onwards	VALEDICTORY REMARKS BY ORGANISING SECRETARY & DISTRIBUTION OF CERTIFICATES & TROPHIES	
18:00	CONGRESS ADJOURN TILL WE MEET AGAIN FOR RECOGYN 2026	

DETAILS ON PAPER PRESENTATIONS WOULD BE UPLOADED SOON